

## Quiz Question Bank Introduction

There are several different types of dementia, however Alzheimer's disease is the most common form. **TRUE**

What are common signs of dementia?

- Memory loss
- Behavior changes over time
- Changes in the way people think or understand.
- **All of the above**

People can take medication to make Alzheimer's disease go away. **FALSE**

People with Down syndrome have a greater chance of developing Alzheimer's disease than someone without Down syndrome. **TRUE**

When someone with IDD has dementia, it's important for them to keep relationships and social activities. **TRUE**

People with dementia should not exercise because it's too stressful for them. **FALSE**

It's important to notify the person's health care provider (doctor, nurse practitioner, etc.) if you notice any sudden changes in them such as changes to memory or behavior. **TRUE**

Which of the following is unusual in the early stages of Alzheimer's disease?

- Struggling to find words.
- Repeating questions
- **Loss of bladder or bowel control**
- Loss of motivation for activities they once enjoyed.

You should expect the person to learn new skills. **FALSE**

Friendships and other community connections are important to help maintain a good quality of life for the person with IDD and dementia. **TRUE**

What are some things you can do to help keep a person calm and less confused?

- Schedule activities for earlier in the day
- Don't argue when they say something that isn't true.
- Break a task or activity into small steps.
- **All of the above**

When talking to the person's friends, other family members, or housemates

- Don't talk about the changes in their friend because it's too frightening.
- **Be sure to offer support because they may be confused or frightened by the changes in their friend.**

- Tell them to stay away from the person so they don't upset or confuse them.

It's helpful to maintain a routine for the person with dementia. **TRUE**