

Quiz Question Bank Behavior

When someone with IDD has dementia, it's likely that their moods and behaviors will change over time. **True**

If you are unfamiliar with the person, it's important to read prior history, and speak to people who know the person, so you will recognize new moods and behaviors. **True**

Sundowning is a term that means

- The person is most alert in the late afternoon and evening.
- **The person is less alert in the afternoon and evening.**

A person may become agitated and confused later in the day due to fatigue or decreasing daylight. **True**

In a person with IDD and dementia, behavior

- **Can tell you that something is wrong.**
- Should be managed with a behavior plan.
- Remains the same as dementia progresses
- Makes the person stubborn on purpose.

Anne tells you that her mother is going to take her to lunch today. You know that Anne's mother passed away several years ago. You should say:

- Your mother passed away, so you'll be staying here for lunch.
- I'm sorry to remind you, but your mother passed away years ago.
- **Sit and have lunch with me while you tell me about your mother.**

Schedules and routines are no longer important for a person with IDD and dementia because they have no sense of time. **FALSE**

During dinner, Thomas suddenly pushes his food away and starts crying.

- You ignore him because you don't want to encourage crying during dinner.
- **You speak calmly with him and try to determine what is bothering him.**
- You put his plate back in front of him in case he's still hungry.

Which of following is an example of a failure free choice?

- It's chilly today. Go choose a sweater from your closet.
- **It's chilly today. Would you like your blue sweater or your white sweater?**
- It's chilly today. Put on your blue sweater.

Dolls and teddy bears are not age appropriate and should not be offered to adults with IDD and dementia. **FALSE**

When a person starts to get agitated, you should try to calm them by:

- Redirecting their attention to a pleasant activity.
- Allowing them to pace in a safe, secure area.
- Having them listen to soothing music.
- All of the above.

If people with dementia act stubborn it's because of changes in the brain and it is not on purpose. TRUE

When setting up someone's room it's important to:

- Reduce clutter to prevent the person from feeling overwhelmed.
- Install dim lighting so their eyes aren't irritated.
- Put mirrors in both the bathroom and bedroom so they remember who they are.
- Put several area rugs down to reduce noise.