

Quiz Question Bank Communication

Linda is in the moderate stages of dementia. Which is the best way to ask her to choose a sweater?

- Can you go to your closet and choose a sweater?
- **Which sweater, blue or red?**
- Here's a sweater, put it on
- If you think you need a sweater go find one

Which of the following is the most effective way to communicate with someone in the late stages of dementia?

- Giving the person written directions
- Speaking loudly in the person's ear
- **Using gestures and sensory activities**
- There is no way to communicate with the person in the late stages.

Once the person with dementia has lost the ability to speak, there is no way for them to communicate with you. **FALSE**

Jim is pacing in the living room, and his hands are in a fist.

- He is getting some exercise, so let him be.
- **Try to find out what might be upsetting him.**
- Ignore him until he uses his words.
- Send him outside so he doesn't hurt someone.

In the early stages of dementia, expect the person to start talking more. **FALSE**

Communication between you and the person with dementia is easier when you reduce distractions. **TRUE**

Communicating with a person with dementia may take longer because

- **Connections in the brain become damaged, so it takes longer for the person to process information.**
- People with dementia develop hearing loss and cannot hear well enough to understand.
- People with dementia no longer want to have connections with others so they stop listening.
- You can only communicate effectively in the morning or early afternoon hours.

If you are calm and relaxed, the person is more likely to remain calm and relaxed, and communication will be easier. **TRUE**

Teresa does not remember how to brush her teeth. Which of the following is most likely to help her?

- Give her a preferred treat each time she correctly brushes her teeth.
- Explain the process before she goes into the bathroom.
- Give her a choice of toothbrushes.
- Show her a card posted next to the sink with photos of each step.

The part of our brain that governs our emotions is one of the first to be damaged in a person with dementia. **FALSE**

The best way to communicate with someone who is upset, yelling, and pacing is by:

- Speaking in a loud tone so they understand that their behavior is inappropriate.
- Speaking in a calm reassuring tone
- Giving them a preferred treat when they calm down.
- Restricting their movement before trying to speak to them.

Creating a Life Story is an activity that lets the person revisit parts of their life and can be calming and affirming. **TRUE**