

## Quiz Question Bank Quality of Life

Choose the correct statement. As the person's memory worsens:

- Relationships mean less, so care should focus on maintaining health.
- Find ways to support relationships that have been important to the person.
- The person will forget important people, so it's best to minimize visits.
- The person will not lose their memory of loved ones.

Which is NOT a realistic goal for a person with moderate to late-stage dementia?

- Promote engagement with peers through shared and enjoyable activities.
- Support the person's independence in daily living skills through adapted communication, such as gestures and prompts.
- Maintain health by encouraging light exercise as the person is able.
- Encourage independence in the community by learning a new bus route.

A person who, is healthy and capable, should appoint a health care proxy in case a time comes when he or she can no longer make health care decisions for themselves. **TRUE**

Adapting care as the dementia progresses make sure to:

- Use restrictions that will eliminate all risk to their safety.
- Consider the person's happiness more than their safety.
- When restrictions are needed get permission from the service coordinator
- When restrictions impact a person's rights consult with the agency's human rights office

On a cool day Ann, who has moderate stage dementia, wants to go outside to the garden wearing only a light sleeveless shirt.

- You honor her choice of clothing and walk outside with her.
- You offer a choice between her blue sweater or her tan jacket.
- You send her back to her room to find something else to wear.
- You hand her a sweatshirt and tell her to put it on

When a person is no longer capable of making major decisions for themselves,

- The service coordinator chooses a family member as the guardian.
- The family decides who will serve as a health care proxy.
- A guardianship may be an option, but a guardian can only be appointed by a judge.
- The team is responsible for making decisions on the person's behalf.

Robert and his brother have gone to the same diner for breakfast once a month for several years. Robert doesn't always remember his brother's name.

- It is no longer safe for Robert to go to the diner with his brother.
- Robert and his brother should continue going, but should consider going on days when it's less noisy and crowded.

- Robert should go to the diner with his brother, only on days when he remembers his brother's name.
- Robert's brother needs to be guardian in order to take him to the diner.

Providing emotionally supportive care through the end of life is important because:

- Comfort helps ensure a good quality of life.
- People experience emotions through the end of life.
- It protects the dignity of the person.
- All of the above

Maria needs surgery and is no longer able to give informed consent due to late-stage dementia. Who can make the decision on her behalf?

- A health care proxy appointed by the ISP team.
- A health care proxy chosen by Maria while she was capable of making informed choices.
- Her health care provider
- The Area Office Nurse

When the person is no longer able to participate in work or day program, you should find alternative activities that are pleasant and engaging for the person to enjoy. **TRUE**